

Falun Folkmusik Festival

Polska

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The musical score consists of four staves of music in 3/4 time. The first staff begins with a treble clef and a 3/4 time signature. The first two bars of the first staff have an 'X' below them, indicating foot-tapping. The music features a mix of eighth and sixteenth notes, with several triplet markings (indicated by a '3' over a group of notes) throughout the piece. The piece concludes with a double bar line.

Polska^a is a nordic form of folk dance music. This tune is written in 3/4 time and tapping your foot to a 3/4-polska should be heavily on the first beat, nothing on the second and a normal tap on the third. The foot-tapping is indicated with x in the first bar.